

## **Master course at the University of Canberra, Australia**

### **Project: 365**

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The generous financial support by the SFEFS enabled me to study at the University of Canberra for the last two years and to graduate with a Master of Nutrition. Many thanks! The University of Canberra (UC) is a medium scale university in Canberra, the capital of Australia. Associate Professor Vicki Deakin is head of the nutrition department, which offers several courses at the bachelor-, graduate diploma- and master levels. The UC courses are accredited by the Dietetics Association Australia DAA and the Nutrition Society of Australia NSA. Many of the nutrition students chose UC because of its proximity to the Australian Institute of Sport AIS and because UC offers a degree in sports nutrition.

Admission to the master's course with my Swiss dietitian's diploma from 1997 was no problem. Normally however, the course requirements are a 3 years undergraduate university degree (in any field). There is a predetermined course structure with only few electives for students without an undergraduate degree in human nutrition. For students with a nutrition degree, on the other hand, the course structure and choice of lectures is very flexible. Unfortunately, the nutrition department at UC is rather small and the number of offered nutrition related units is restricted. However, it is possible to enroll in any unit of other UC departments and faculties as well as of other universities (distance delivery). If someone is interested to focus on a particular topic, this can be done with an individually supervised research project. Furthermore, UC offers a selection of well-attended lectures during an additional third semester over the summer months (Dec/Jan). This theoretically allows students to graduate within a year and a half instead of two years or to distribute the work load over an additional semester.

If someone is interested in my research project about labels which endorse 'healthy' foods or in studying at the University of Canberra, please contact me: [e.infanger@sge-ssn.ch](mailto:e.infanger@sge-ssn.ch)